

**THE
MOUNT SINAI HOSPITAL
SCHOOL OF NURSING
OF NEW YORK**

VOTA VITA NOSTRA



BULLETIN OF INFORMATION

1957-1958

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE STATE BOARD OF REGENTS
OF THE STATE OF NEW YORK

FULLY ACCREDITED BY THE
NATIONAL LEAGUE FOR NURSING



ANNOUNCEMENT

*FIVE EAST NINETY-EIGHTH STREET
NEW YORK CITY*

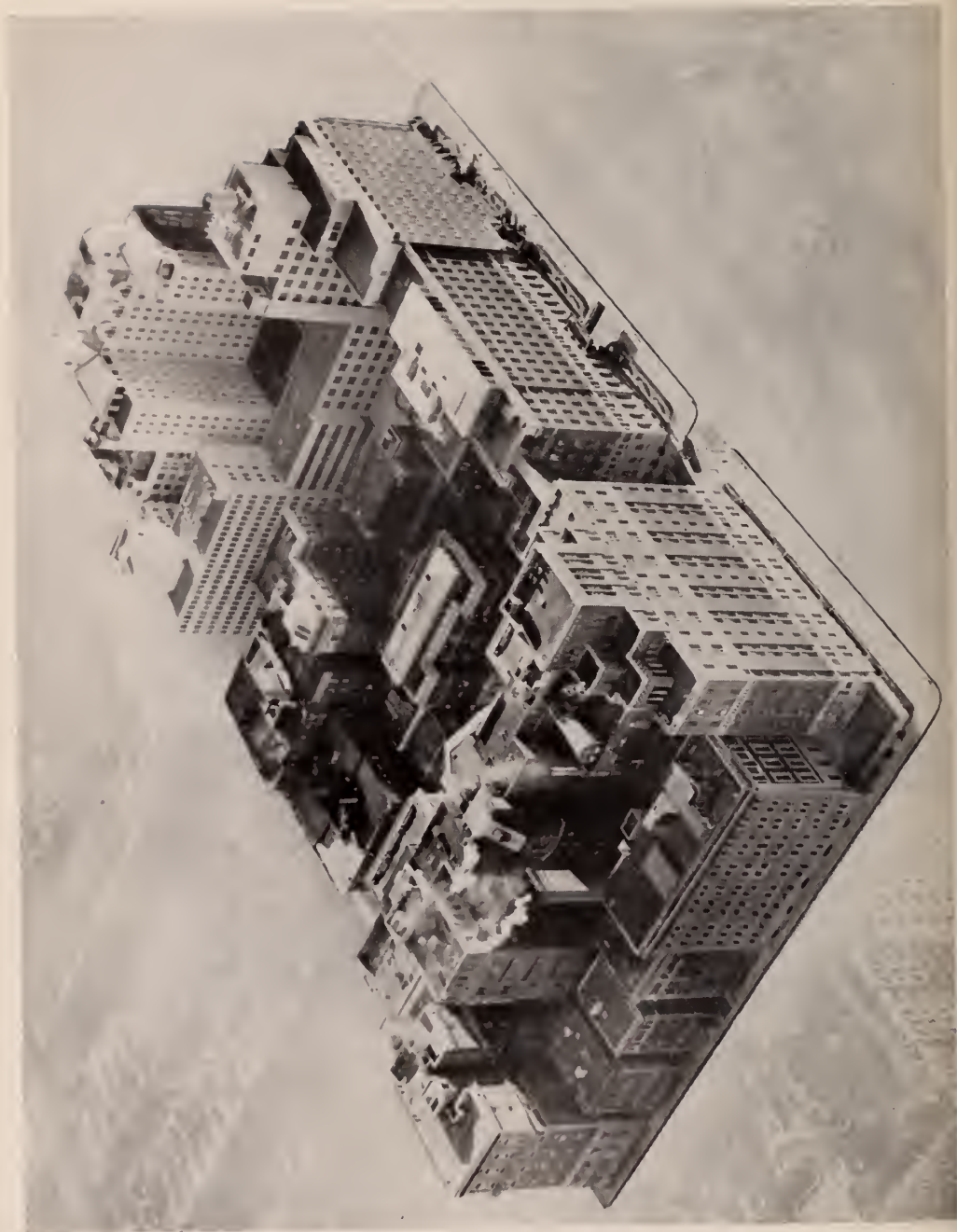
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THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING



— SEASIDE CENTRAL HOSPITAL — CORNER SIDE OF SCHOOL OF NURSING AT UPPER RIGHT

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OFFICERS AND DIRECTORS

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

PHILLIP W. HABERMAN, Jr.	<i>President</i>
WILLIAM J. KRIDEL	<i>Vice-President</i>
MRS. GEORGE LEE	<i>Second Vice-President</i>
SEYMOUR F. DRIBBEN	<i>Treasurer</i>
E. NELSON ASIEL	<i>Secretary</i>

E. NELSON ASIEL	MRS. GEORGE LEE
GEORGE B. BERNHEIM	JOHN R. LEHMAN
MRS. ARTHUR J. COHEN	MRS. DAVID LEVY
EDGAR M. CULLMAN	HENRY A. LOEB
SEYMOUR F. DRIBBEN	MRS. CARL H. PFORZHEIMER, Jr.
RICHARD GOLDSMITH	ALFRED L. ROSE
PHILLIP W. HABERMAN, Jr.	WILLIAM R. ROSE II
WILLIAM J. KRIDEL	OSCAR S. STRAUS

MEDICAL COMMITTEE

RALPH COLP, M.D., <i>Chairman</i>
ALFRED E. FISHER, M.D. SAUL JARCHO, M.D.

PHYSICIAN TO THE SCHOOL

EMANUEL Z. EPSTEIN, M.D.

DIRECTOR OF THE HOSPITAL

MARTIN R. STEINBERG, M.D.

ASSOCIATE DIRECTOR OF THE HOSPITAL

SIDNEY M. SAMIS, M.D.

DIRECTOR, SCHOOL OF NURSING
AND NURSING SERVICE

GRACE A. WARMAN, B.S., M.A., R.N.

OFFICERS OF ADMINISTRATION
AND INSTRUCTION

GRACE ANNE WARMAN, B.S., M.A., R. N.

Director, School of Nursing and Nursing Service

Graduate, Presbyterian Hospital School of Nursing, New York, N. Y.

B.S., M.A., Teachers College, Columbia University, New York, N. Y.

Professional diplomas: Administration in Schools of Nursing and
Administration in Hospitals. Teachers College, Columbia University,
New York, N. Y.

MINNIE H. STRUTHERS, B.S., M.A., R.N.

Assistant Director, School of Nursing

Diploma, Oak Hill Normal School, Oak Hill, W. Va.

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

B.S., M.A., Teachers College, Columbia University, New York, N. Y.

BESSIE I. WOLFSON, B.A., M.A., R.N.

Assistant Director, Nursing Service

B.A., The Pennsylvania State College, State College, Pa.

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

M.A., Teachers College Columbia University, New York, N. Y.

OLGA IRENE KRAZINSKI, B.S., M.A., R.N.

Supervisor of Instruction

Graduate, Arnot-Ogden Memorial Hospital School of Nursing, Elmira, N. Y.

B.S., Elmira College, Elmira, N. Y.

M.A., Teachers College, Columbia University, New York, N. Y.

ROSEMARY TETREAULT, B.S., R.N.

Administrative Assistant

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

B.S., Teachers College, Columbia University, New York, N. Y.

LEONARDA LASKEVICH, B.S., R.N.

Administrative Assistant

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

B.S., Teachers College, Columbia University, New York, N. Y.



NEW STUDENTS ARE GREETED UPON ARRIVAL
BY "BIG SISTERS" COMMITTEE

EILEEN KELLEY, B.S., R.N.

Administrative Assistant

Graduate, St. Mary's College School of Nursing, Notre Dame, Indiana
B.S., St. Mary's College, Notre Dame, Indiana

ERMA M. BAHRENBURG, B.S., R.N.

Instructor, Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., New York University, New York, N. Y.

JUDITH LUNSKY, B.S., R.N.

Assistant Instructor, Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., Teachers College, Columbia University, New York, N. Y.

DIANE REICH, R.N.

Assistant Instructor, Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

HELEN MARIE McMANUS, B.S., R.N.

Instructor, Sciences

Graduate, Jersey City Medical Center, Jersey City, New Jersey
B.S., Misericordia College, Dallas, Pa.

CATHERINE M. CAFFREY, B.S., M.A., R.N.

Instructor, Science and Medicine

Graduate, Undergraduate Division, School of Nursing, Education, Catholic University, Washington, D. C.
Graduate Study, University of Pennsylvania, Philadelphia, Pennsylvania
M.A., Teachers College, Columbia University, New York, N. Y.

ELIZABETH FRANK, B.S., R.N.

Instructor, Obstetric Nursing

Graduate, Hartwick College School of Nursing, Oneonta, New York
Post-Graduate Course—Providence Lying-In Hospital, Providence, R. I.

FRANCES GRUBERG, R.N.

Instructor, Operating Room Nursing

Graduate, Beth Israel Hospital, Newark, New Jersey

TO BE APPOINTED

Instructor, Public Health Nursing

BEATRICE R. HILLARD, B.S., R.N.

Instructor, Public Health Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., in Public Health Nursing — Teachers College, Columbia University,
New York, N. Y.

DOROTHEA HORSTMANN, B.S.

Instructor, Nutrition and Diet Therapy

B.S., Skidmore College, Saratoga Springs, N. Y.

GLORIA SPANE, B.S., M.A.

Instructor, Physical Education and Supervisor, Recreational Activities

B.S., University of Miami, Miami, Florida

M.A., New York University, New York, N. Y.

MARGARET MARKS

Librarian

Certificate, Columbia University Library School, New York, N. Y.

Certificate, New York State Professional Librarian.

SYLVIA M. BARKER, B.S., M.A., R.N.

Supervisor, Pediatric Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

CATHERINE BLACKLOCK, B.S., M.A., R.N.

Supervisor, Surgical Pavilion

Graduate, St. Joseph's Hospital School of Nursing, Cornwall, Ontario, Canada
B.S., Catholic University of America, Washington, D. C.
M.A., New York University, New York, N. Y.

EDNA DILLON, B.S., R.N.

Supervisor, Medical Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., Hunter College, New York, N. Y.

MARGARET FLYNN, R.N.

Supervisor, Evening

Graduate, St. Joseph's Hospital School of Nursing, Carbondale, Pa.

SHEILA KURTZMAN, B.S., R.M.

Supervisor, Out-Patient Department

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., Hunter College, New York, N. Y.

ALICE E. ROWE, B.S., M.S., R.N.

Supervisor, Maternity Pavilion

Graduate, University of Pittsburgh School of Nursing, Pittsburgh, Pa.
M.S., University of Chicago, Chicago, Ill.

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.

MIRIAM E. SAYRE, B.A., M.A., R.N.

Supervisor, Private Pavilion — Guggenheim

Graduate, Orange Memorial Hospital School of Nursing, Orange, New Jersey
B.A., M.A., New York University, New York, N. Y.

RUTH SPINK, B.S., M.A., R.N.

Supervisor, Night

Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

ESTHER ROSE YOFFA, B.S., R.N.

Supervisor, Operating Room

Graduate, Beth Israel Hospital School of Nursing, Boston, Mass.
B.S., Hunter College, New York, N. Y.

FACULTY COMMITTEES

Admissions and Promotions

Curriculum

Faculty Welfare

Procedures

Records

Administration of Medications

Executive

Library

Nursing Service

Scholarships

Student Health and Welfare

SUPERVISORY ASSISTANTS

CATHERINE BEST, R. N.

Assistant Supervisor in charge of Premature Nursery

ELEANOR McHUGH, B.S., R.N.

Assistant Supervisor in charge of Newborn Nurseries

ROSEMARY SCHWARTZ, R.N.

Assistant Supervisor in charge of Respirator Center

LENORE KATZ, R.N.

Instructor in Respirator Center

KATHLEEN BOLAND, R.N.	<i>Guggenheim Pavilion</i>
GOLDIE FRIEDMAN, R.N.	<i>Klingenstein Pavilion</i>
MARGARET HALPIN, R.N.	<i>Operating Rooms</i>
AUDREY HAY, R.N.	<i>Out-Patient Department</i>
JANET HYMAN, B.S., R.N.	<i>Guggenheim Pavilion</i>
ARLENE KLESA, R.N.	<i>Klingenstein Pavilion</i>
MEDEA MARELLA, R.N.	<i>Operating Rooms</i>
ALICE MOUGHAN, R.N.	<i>Guggenheim Pavilion</i>
ELMA PYLE, R.N.	<i>Guggenheim Pavilion</i>
BARBARA ROSENBLUTH, B.S., R.N.	<i>Main Buildings</i>
MARY SHERRITT, R.N.	<i>Klingenstein Pavilion</i>
ANN SIGNOR, R.N.	<i>Semi-Private Pavilion</i>
HELEN WALTON, R.N.	<i>Semi-Private Pavilion</i>
LEONA WERCHOK, R.N.	<i>Semi-Private Pavilion</i>
ELSIE WITZIG, R.N.	<i>Semi-Private Pavilion</i>
RUTH WOLFF, R.N.	<i>Klingenstein Pavilion</i>

HEAD NURSES — MEDICAL

GRACE BALLART, R.N.	EILEEN KAUFMAN, R.N.
EVA CHAJMOVITZ, B.S., R.N.	MABEL SALERNO, R.N.
MARJORY GORDON, R.N.	JULIA SULLIVAN, R.N.
JULIA KANISCHAK, R.N.	MARIAN TAFT, R.N.
RITA WEISS, R.N.	

HEAD NURSES — SURGICAL

JOAN HERMAN, R.N.	FRANCES KLEPADLO, R.N.
ANN HOGAN, R.N.	LENOR LEVY, R.N.
MIKIKO KASHIWABARA, R.N.	CONSTANCE STURIM, M.N., R.N.

HEAD NURSES — PEDIATRICS

MILDRED DANIELS, R.N.	MARY GAYNOR, R.N.
GERRY DECK, R.N.	FLORENCE LAZAR, R.N.
ANITA WENDEL, R.N.	

HEAD NURSES — GUGGENHEIM PAVILION (PRIVATE)

SHIRLEY ARONOW, R.N.	LEVONIA GOINS, R.N.
LUCILE GAGNE, R.N.	ANNA LYNCH, B.S., R.N.
CHRISTENA GERMINARIO, R.N.	MAMIE ROKLIN, R.N.
DOROTHY GIST, R.N.	PHYLLIS SALVO, R.N.
VERA ZACHARCZUK, R.N.	

HEAD NURSES — SEMI-PRIVATE PAVILION

LOUISE GLANVILLE, R.N.	MARGARET MOLLOY, R.N.
RITA HAMMOND, R.N.	CHARLOTTE STAHL, R.N.
JOYCE STEADY, R.N.	

HEAD NURSES — OPERATING ROOMS

EDNA BIRDSALL, R.N.	GERTRUDE KUNREUTHER, R.N.
ELIZABETH CHERNEK, R.N.	ADARIAN RORICK, R.N.
LOLA CHLUPSA, R.N.	GLORIA SALL, R.N.
NORA CRONAN, R.N.	MARGARET SCHRADER, R.N.
FLORENCE FOX, R.N.	ROSEMARY SPEYER, R.N.
ELAINE FRIEDMAN, R.N.	ALICE VELCOFF, R.N.
PATRICIA GOODMAN, R.N.	ESTHER VOGEL, R.N.

HEAD NURSES — OUT-PATIENT DEPARTMENT

BARBARA BUCHEN, R.N.	ELYNORE GRUNFELD, R.N.
FANNIE DAVIDSON, B.A., R.N.	KATE McPARTLAND, R.N.
MARY FIORELLO, R.N.	ESTELLE RESNICK, B.S., R.N.
LEONORE FRANK, R.N.	VERA STOLAR, R.N.
THELMA GITTLEMAN, R.N.	LOLITA WYNTER, R.N.

HEAD NURSES — KLINGENSTEIN PAVILION (OBSTETRICS)

EVA BAER, R.N.	JOY MABE, R.N.
ALICE BODNARCZUK, R.N.	MARY McCUE, R.N.
NELLIE BOGAN, R.N.	MAJEEDAH NAHAS, R.N.
EVA BLUMSTEIN, R.N.	GERALDINE PANDOLFO, R.N.
HELEN CHWASTYK, R.N.	ELSIE SCHULZ, R.N.
RUTH JACKSON, R.N.	ELIZABETH SETTLE, R.N.
ASTRID JOHNSON, R.N.	ANNA STAUB, R.N.
PERCENIA JOHNSON, R.N.	BARBARA TIERNEY, R.N.
LOUISE KILEY, R.N.	DELORES WETHINGTON, R.N.

MARILYN BAKER, B.S., R.N., *Instructor, Auxiliary Personnel*

NURSES RESIDENCE

LEONA MacLELLAN	Supervisor
EVA PYRAH, B.S., R.N.	House Mother
EVELYN FLORA, R.N.	Charge Nurse-Health Service
HELEN SUMINSBY, R.N.	Nurses Infirmary



INFORMAL ROOMS FOR PLAY AND RELAXATION



LECTURERS TO THE SCHOOL

<i>Dermatology</i>	ARTHUR W. GLICK. M.D.
<i>Otolaryngology</i>	SAMUEL BLOOM. M.D.
<i>Medicine</i>	SAMUEL K. ELSTER. M.D. ARTHUR LUDWIG, M.D.
<i>Neurology</i>	PHILIP BERGMAN. M.D.
<i>Ophthalmology</i>	SYLVAN BLOOMFIELD, M.D. JACOB GOLDSMITH, M.D.
<i>Orthopedics</i>	JOEL HARTLEY. M.D.
<i>Obstetrics & Gynecology</i>	ALAN F. GUTTMACHER. M.D. and STAFF
<i>Pathology</i>	LEWIS BROOKS, M.D.
<i>Pediatrics including Communicable Diseases</i>	AVRON SWEET. M.D. WALTER HENLEY, M.D.
<i>Psychology</i>	FRED BROWN, Ph.D.
<i>Psychiatry</i>	M. RALPH KAUFMAN. M.D. and STAFF
<i>Social Problems</i>	DORIS SIEGEL, M.A.
<i>Surgery</i>	DAVID DREILING. M.D.
<i>Psychiatry (affiliation)</i>	NEW YORK HOSPITAL, WESTCHESTER DIVISION STAFF CAROLYNE A. SPROGELL, R.N., B.S. or CREEDMOOR STATE HOSPITAL STAFF LOIS L. CHRISTOFFERSEN, R.N., M.A.

THE MOUNT SINAI HOSPITAL

MOESTLY founded in 1852 for "benevolent, charitable and scientific purposes", The Mount Sinai Hospital has grown to be one of the world's foremost medical institutions. Its patient care, research and educational activities occupy a network of twenty-one buildings covering three square blocks and fronting on Central Park in the heart of New York City.

The Hospital in 1952 — its Centennial year — completed at a cost of \$13,000,000, construction of a ten-story maternity pavilion, a general laboratory building and an institute for specialized research. Also, it plans when funds are available to undertake the construction of a Psychiatric Institute, which will be one of the first of its kind to be integrated into a voluntary general hospital.

The promise of Mount Sinai's future is inherent in its rich tradition. The fledgling hospital that was caring for Civil War soldiers in 1862 now treats as many as a thousand patients a day in its Out-Patient Department alone. A small cloak room converted into a laboratory in 1893 was the progenitor of today's productive research program, with its staff of 400 scientists and technicians.

Similarly, post-graduate medical instruction, first offered in the early 1900's, now brings to the Hospital students from many foreign lands as well as from almost every state in the Union. The Hospital in 1920 established one of the earliest psychiatry clinics in a general hospital; the Psychiatry Department today embraces the services of over ninety psychiatrists, cooperates with all arms of the Hospital and is evolving into a model of the practice of psychosomatic medicine by a general hospital.

Mount Sinai has about 1,100 beds and 90-odd out-patient clinics. Over 20,000 in-patients are cared for a year, more than half in the wards below cost or free. The annual out-patient census totals more than a quarter-million visits, more than sixty per cent of which are by free patients. The Hospital operates at a cost of over \$10,000,000 a year, including special appropriations for activities such as research and education.

The Mount Sinai Hospital is approved by the Joint Commission on Accreditation of Hospitals and, for intern and residency training, by eighteen specialty boards and the American Medical Association Council on Medical Education and Hospitals. Mount Sinai is also approved by the University of the State of New York (the State Department of Education) and chartered by the State of New York in the Hospital's certificate of incorporation to:

"... engage in all of the activities of an educational institution in the field of medicine, including the giving of medical, surgical and nursing instruction, the conducting of courses for both undergraduate and post-graduate students in conjunction with medical colleges, the carrying on of scientific and research activities, the employment of instructors in the various fields of medicine and the purchase of all necessary equipment in connection therewith."



A STUDENT IN THE PEDIATRIC WARD



A SECTION OF THE LABORATORY DURING A CLASS IN CHEMISTRY

THE SCHOOL OF NURSING

THE Mount Sinai Hospital School of Nursing was one of the first to be founded in the United States. As early as 1878 the attention of a small group of women, all deeply interested in the growth of The Mount Sinai Hospital, was drawn to the new type of nurse being trained in this country. The group began to formulate plans for the development of a school for the training of nurses at the Hospital.

By February, 1881, plans for the School were perfected and the "Society of The Mount Sinai Training School for Nurses" was incorporated. The School opened its doors on March 11 of that year with eight probationers, four graduate nurses and a School superintendent.

The School of Nursing, although affiliated in every respect with the Hospital, maintains a separate organization and corporation with its own officers and directors — and has since its inception.

The School, in 1905, was registered by the New York State Education Department in accordance with the New York State Law enacted that year. The School offers a basic course in professional nursing.

In 1923 the name of the School was changed to The Mount Sinai Hospital School of Nursing to conform to the newer educational aims which stress learning rather than training.

The revised constitution states in Article II that the object of the School of Nursing is to maintain and to conduct a school wherein women may be educated and generally prepared for the profession of nursing.

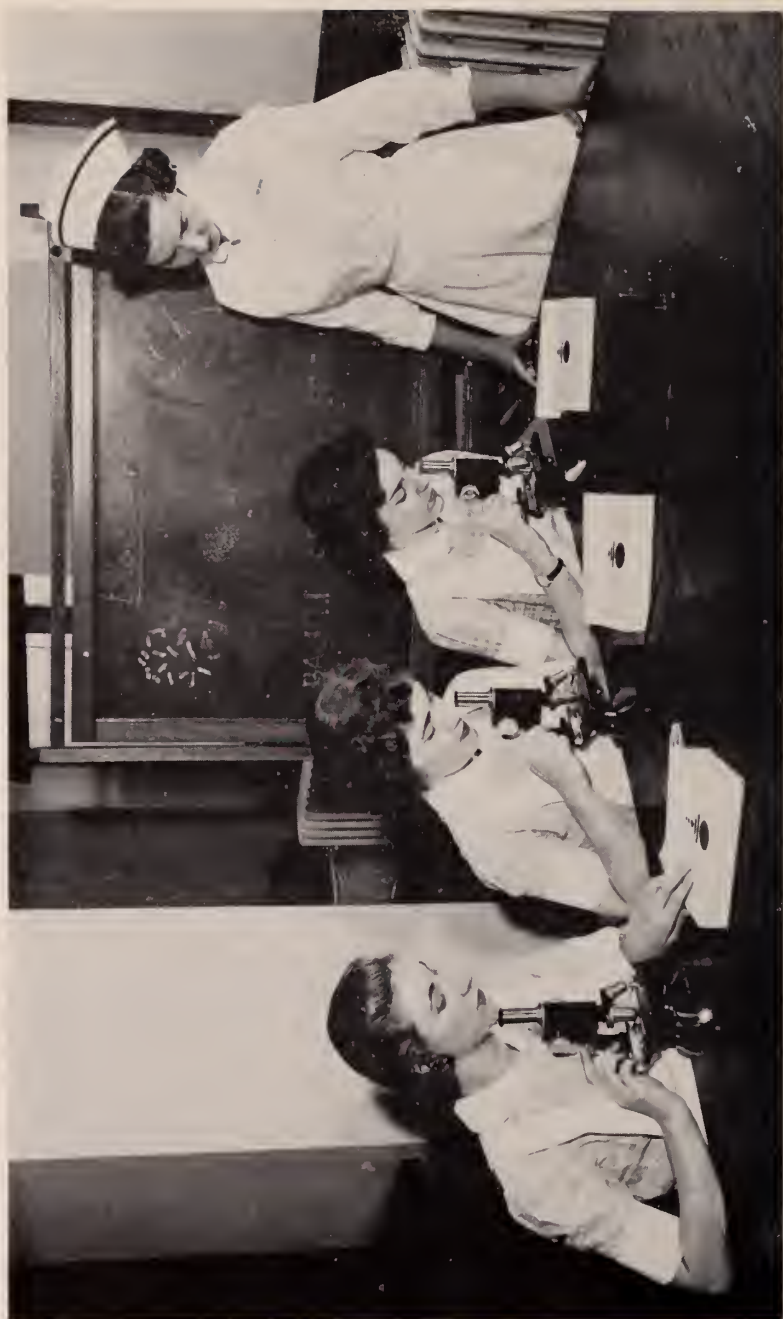
The School of Nursing is approved by the New York State Education Department and is fully accredited by the National Nursing Accrediting Service. The School holds charter agency membership in the Department of Diploma and Associate Degree Programs of the National League for Nursing.

The responsibility of the School begins with helping the student make a satisfactory adjustment to her new environment. The School is similarly obligated to provide the educational experiences that will prepare her to give total nursing care.

We believe in developing the student's capacity as a citizen, as well as a professional nurse. We believe also in the need of giving her an understanding of the requirements of good interpersonal relationships.

We believe in keeping the curriculum subject to continuing evaluation and revision so as to keep it abreast of ever-changing needs.

We believe that upon completion of the course the student should be a well-adjusted individual, able to accept the challenges of an ever-enlarging concept of nursing. She should be aware of the need for further study should she wish to assume positions with increasing responsibilities such as teaching, supervision and administration.



IN THE SCHOOL'S MICROBIOLOGY LABORATORY

AIM OF THE SCHOOL

The aim of the School of Nursing is to provide qualified young women with educational opportunities which will prepare them to give total nursing care, to become familiar with community resources for the care and prevention of illness, to maintain their own physical and mental health and develop their capacities as individuals and as citizens.

RESIDENCE

The fireproof, fourteen-story School of Nursing Residence where students live was completely modernized in 1956. Renovation of the structure, which is linked to the Hospital by a tiled throughway, included the redecorating and furnishing of every room. At the throughway level are located the linen and store rooms, trunk room, nurses' laundry, nurses' sewing room, and shampoo room. On the basement floor is found an informal lounge which is equipped with a television set and ping-pong tables.

The street entrance opens into a spacious lobby with an information desk and an office with a switchboard. Adjacent to this office are the post office boxes for each student. Opposite the office is a reception alcove with easy chairs and magazines for visitors. Further down the main corridor is a large assembly hall for dances, meetings, lectures, and informal recreational activities. This hall is large enough to seat over three hundred people, and has a curtained stage and two small dressing rooms. An attractively furnished lounge and a well stocked library are also located on this main floor. The students have free access at any time to the books, the piano, the radio, the victrola and the television which are part of the equipment of these rooms.

The entire second floor is devoted to a teaching unit. The next eight floors, from the third to the eleventh, are devoted exclusively to bedrooms for student nurses. A few of these rooms are designed for double occupancy, but approximately eighty per cent of the student body occupy single rooms. Each room has a built-in wardrobe closet with a full length mirror, a wash basin with running water, and a medicine cabinet. Each room contains a bed, a bed-table with a lamp, a dresser, a desk with a lamp, an easy chair, and a desk chair. Each of the student floors is equipped with ample baths, showers, toilet facilities and has a small common sitting room with adjoining kitchenette for informal gatherings. A public telephone booth is located on each floor. All of the bedrooms, corridors, and lounges are painted in pastel shades, and the furniture upholstered in colorful fabrics.

The Faculty and graduate nurses occupy bedrooms on the eleventh, twelfth and thirteenth floors. The fourteenth floor is divided into three sections. One section is devoted to a completely equipped and cheerfully furnished infirmary with accommodations for twelve patients.



INSTRUCTION IN THE NURSING ARTS LABORATORY

FACILITIES FOR INSTRUCTION

Unusual facilities for instruction are available to students in the School of Nursing. The second floor of the Nurses' Residence is devoted to a complete teaching unit which includes class and conference rooms, laboratories and instructors' offices. Other classrooms are provided in the Hospital.

The School's library is on the classroom floor of the Nurses' Residence. It is in charge of a trained librarian, and contains over 1800 volumes and numerous periodicals. Students have access to the Jacobi Library which is the Hospital's medical library.

The students' observation and practice include assignments in most of the various departments of the Hospital, which offer extensive clinical resources for the teaching of nursing.

The clinical facilities of the hospital which has a capacity of approximately 1,100 beds, are superior for the care and study of patients. The Medical and Surgical Departments include, in addition to general medicine and general surgery, special services such as dermatology, otolaryngology, gynecology, neurology, ophthalmology, orthopedics and urology.

The Department of Pediatrics is in a separate building and contains four floors with a total of 110 beds. On the top floor of this building there is a recreational room for convalescent children which offers opportunities for the student nurse to study convalescent as well as sick children.

The clinical and educational activities of the Department of Obstetrics are housed in the new Magdalene and Charles Klingenstein Maternity Pavilion, the first maternity facility in the history of the Hospital. A total of 107 maternity beds, 100 bassinets, ideal premature nursery units and the latest in equipment are available for training and study in this specialty.

The many operating room divisions where over 6,000 major operations are performed annually offer valuable experience. The student learns to develop the techniques and skills necessary to assist the surgeons during operations. The Emergency Service which has a daily average of 250 patients offers unusual experience in emergency nursing.

The Out-Patient Department, with its more than 80 clinics, provides excellent opportunity for the study of patients who are treated without being admitted to the Hospital. In this department the student learns of other community resources that aid in restoring the patient to health.

All students go to New York Hospital, Westchester Division, or to Creedmoor State Hospital, Queens Village, L. I., N. Y., for a three-month affiliation in Psychiatric nursing.



A GAME OF BASKETBALL IN THE GYMNASIUM



A STUDENT DANCE IN THE ASSEMBLY HALL

The teaching and supervisory staff include a large group of nurses and members of other hospital departments who are prepared in their fields from the standpoint of academic preparation, professional preparation and experience. Clinical instructors teach the students in the clinical area in which they are assigned for experience. The Medical, Surgical, Pediatric and Obstetric lectures are taught by doctors who have appointments on the permanent staff of the Hospital. The allied departments of Diet Therapy, Physiotherapy and Social Service provide qualified instructors for classes in these fields.

STUDENT ACTIVITIES

The students take a large share of responsibility for the regulation of their own affairs. All students of the School are members of the Student Association which functions with faculty advisors in all matters relating to social and professional conduct. The executive group of the Student Association is known as the Student Council which consists of the officers of the organization, the class presidents and two representatives from each class. Students are eligible for membership in the local, State and National Student Nurses Association.

Committees of the Student Association, the instructor in Physical Education and Recreation, and faculty advisors work together to provide interesting activities for the students. The program includes instruction in the fundamentals of body mechanics, modern folk and social dancing, and such sports as badminton, basket ball, volley ball, ping pong and other games. The School makes arrangements for swimming facilities. Dances are given during the year to which the students invite their friends. The Commencement exercises are followed by a reception and dance given in honor of the graduating class.

Students are encouraged to make use of the many opportunities offered in the City of New York for the enjoyment of music, art and other intellectual pursuits.

A newspaper known as the "Cap and Bib" is published monthly by the students. An Editorial Board is in charge of this activity but all students are encouraged to contribute articles for publication.

The facilities for the physical education program include a spacious, well equipped gymnasium with a roof extending from it on the fourteenth floor of the School residence.

A Trustee of the School has established a "Pleasure Fund", the income of which is used to provide entertainment for the students.

DINING FACILITIES

Students have reserved tables in the Hospital's air-conditioned cafeteria where a wide selection of food is available.



IN A MEDICAL WARD

CLINICAL TEACHING

IN THE OUT-PATIENT
DEPARTMENT
(Public Health Instructor
observes student teaching
patient)



HEALTH SERVICE

The health of the student nurse is a chief concern of the School. Because of the emphasis on the maintenance of health and the prevention of disease, it is necessary that the nurse set an example of health. The School endeavors to conserve and promote the health of the students and teaches them to cooperate in this endeavor.

A member of the attending Medical staff of the Hospital, who is appointed Physician to the School, is responsible for the care of the health of the students. A faculty member supervises the health service. All of the medical and surgical resources of the Hospital are available to the health service when needed. Students are provided with medical hospitalization insurance (Associated Hospital Service of New York) purchased by The Hospital.

Although applicants to the School submit a health certificate, they are again given a complete physical examination including chest x-ray upon admission. Subsequently a chest x-ray is given annually and upon completion of the course. A physical examination is also given each school year and at the time of graduation. A Schick test with immunization for positive reaction is required of all students after admission to the School. Tuberculin tests are also given after admission and repeated at regular intervals for those who are negative. Weights are recorded monthly and marked deviations from normal weight are given the indicated attention.

A well-equipped infirmary with necessary staff is maintained in the Nurses' Residence. Minor illnesses are cared for in the School infirmary while illnesses of a more serious nature are cared for in the Hospital. For illness of short duration the expense of medical attention given the student is provided by the School. Students are expected to meet the expenses of dental care and eye glasses if needed during the course.

If in the opinion of the School authorities, the condition of a student's health makes it unwise for her to remain in the School, she may be required to withdraw, either temporarily or permanently, at any time.

Each student is allowed twenty-one days illness time during her course. If a student is ill during the time she is at the affiliating schools, she is allowed seven days illness time by the affiliation school.

Faculty and Student Committees work together on the health aspects of the student's life.

Generous provision has been made for the care during illness of nurses who have been graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the Hospital endowed for their use.

GENERAL INFORMATION

NOTICE: The information given below is merely for applicant and student guidance. Full power of amendment and addition from time to time is reserved to the School, which cannot regard the following statements as formally binding.

Application and Requirements for Admission

APPLICANTS desiring to apply for admission to the School should be between seventeen and thirty years of age. Mental and emotional maturity are very desirable and preference is given to candidates with such qualities.

Applicants must meet the requirements of the New York State Education Department and of The Mount Sinai Hospital School of Nursing. They must present evidence of having satisfactorily completed at least sixteen units in a registered four year high school. The applicant must have completed at least 10 academic units in the following areas of high school preparation:

English	4	Social Studies	2-3
Mathematics	1	Natural Science	2
Foreign Language	1		

and at least 6 other units toward graduation from a registered four-year high school. It is recommended that some of the additional units be in the academic field. The equivalent of one year of high school Chemistry is required. Exceptions to these recommendations may be made in individual cases, depending upon the individual record.

The selection of applicants is confined to those who rank in the upper half of their high school class. Preference is given to those who rank in the upper third of their class or have college preparation. A college, general or academic diploma is preferred.

All candidates are required to take an aptitude test which is given by the Testing Service Division for Schools of Nursing of the Psychological Corporation, New York City. A card of application for admission to this examination will be forwarded to the applicant with the necessary instructions after the Committee on Admissions has evaluated her credentials.

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with the applicant is desired. Appointments for interviews may be made either by letter or by telephone.

All candidates are required to make formal application in writing on the form furnished by the School. The application form must be accompanied by the following additional records:

1. Personal letter giving brief autobiographical sketch with emphasis on educational advantages and special interests.
2. Two letters of recommendation satisfactory to the School from persons other than relatives who have known the applicant for some time and can testify to her good character and qualifications for the profession of nursing. One letter should be from a teacher.
3. A certificate of health (form furnished by the School), based on physical examination by the applicant's own physician, and testifying to sound, mental and physical health and absence of physical handicaps.
4. A dental certificate (form furnished by the School), stating that dental care has been received.
5. Copy of high school record (form furnished by the School).
6. A copy of college record if applicant has attended college.
7. A passport photograph, unmounted. Snapshots are not acceptable.
8. Recent vaccination against smallpox and immunization against typhoid must be certified. (Forms are furnished by the School after applicant is notified that she meets the requirements of the School.)

Scholarships

Applicants desiring scholarship aid are required to write a letter stating the need for financial assistance.

Each year the School of Nursing offers sixteen \$100.00 scholarships to entering students. In addition, the School occasionally waives tuition fees in the case of well-qualified applicants requiring such assistance. Murry and Leonie Guggenheim scholarships in the amount of \$50.00 each are awarded at the beginning of the second and third years to each student who has satisfied the scholastic requirements of the preceding year. Further information on scholarships and aid funds will be found on pages 35, 36, 37.

State Regents Scholarships for Nursing Students

The State of New York awards a number of Regents Scholarships for professional education in nursing. These Scholarships are awarded on the basis of state examinations which are given to students in the New York State high schools. The holder of such a Scholarship receives \$350.00 annually for the duration of the school program.

New York State applicants for admission to the School are urged to try for a State Regents Nurse Scholarship. Information may be secured from any local high school.



A STUDENT'S ROOM

Citizenship Requirement

The Education Law relating to the practice of nursing requires that every person admitted to the examinations for license as a registered nurse must submit evidence that she is a citizen of the United States, or that she has declared her intention of becoming a citizen.

Religion

The School is non-sectarian and has no formal connection with any particular denomination. The students are encouraged to attend the churches with which they have been previously affiliated. Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Fees and Other Expenses Are as Follows:

Fee for aptitude testing (paid by applicant to Psychological Corporation)	\$ 6.00
Entrance fee	150.00
Gymnasium fee	5.00
Uniform equipment	65.00
(If a student leaves the School during the first five months a partial refund is made.)	
Key deposit (returned when student leaves the School)	1.50
(No other fees are charged during the three years)	

The School Provides:

- Maintenance — including room, board and laundry.
- Uniform equipment in addition to that purchased by the student.
- New uniforms are provided following the first term.
- Textbooks and educational supplies.
- Fees for stated affiliations.
- Reasonable health and illness care.

It is understood that each student will have adequate income to meet all personal needs, such as personal attire, costs of transportation, vacation, dental care, and recreation in addition to that provided by the School. The amount needed will depend upon the individual.

Loan Fund

The loan fund may be drawn upon by any student who may need financial assistance during her nursing course.

Monthly Stipend

Students will receive a stipend of \$8.00 per month following the first term of twenty-three weeks.

Guidance Program

The student is encouraged to obtain such guidance as she may require in personal and professional matters while in the School of Nursing. Frequent contacts between the student and her faculty class advisor and the members of the faculty committee on guidance produce student-faculty relationships most favorable to friendly guidance and understanding of the student and her needs. Students who need assistance on questions of educational program, finances, health, extra-curricular activities, and the like, are directed to the members of the staff who are best qualified to be of assistance in relation to the particular problem at hand.

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Entrance of Classes

Classes are admitted once a year, in September.

Weekly Schedule of Hours

During the course the students have a 40-hour weekly schedule which includes classes.

Vacation

A vacation of twelve weeks is allowed, one week following the pre-clinical period, three weeks during the remainder of the first year and four weeks each during the second and third years. The dates at which vacations are given are subject to the needs of the School.

Leave of Absence

In the event that a student is obliged to be away from the School for a period exceeding four weeks, the date of her return and her class standing at that time will be determined by the Faculty. Time lost through absence must be made up.

Withdrawal

The School reserves the sole discretion concerning the student's fitness to continue connection with it, and the right at any time to require the student's withdrawal for reasons which it deems sufficient.

Requirements of Scholarship for Promotion and for Graduation

Examinations, written and practical, are held during and at the end of the course in each subject. Comprehensive examinations are given at periodic intervals to determine the student's progress in the School. Upon the successful completion of these examinations and satisfactory practice of nursing, the student is recommended for promotion. The passing grade of the School is 75 per cent in each subject. Students who fail to maintain a general average of 80 per cent cannot be considered as meeting desired scholarship requirements. The diploma and pin of The Mount Sinai Hospital School of Nursing will be conferred upon those students who have satisfactorily completed the basic course in the theory and practice of nursing.

State Registration

Graduates of the School are eligible to take the examination for licensure administered by the Regents of the State of New York and are expected to take the first examination given after completion of the course. Satisfactory completion of this examination classifies the graduate of the School as a Registered Professional Nurse (R.N.) in the State of New York. Having become registered in New York State, it is possible to apply for registration without examination in other states.

The New York State Nurse Practice Act states that a nurse must be licensed by examination in the State in which she was graduated. For this reason, graduates of this School are urged to take State Boards in New York State rather than in another state as they may wish to practice in New York State at a future date.

College Credit

Many colleges and universities give advanced standing (from one to one and a half years credit toward a Bachelor of Science degree to well qualified graduates who wish to prepare themselves for special fields of nursing.

Directions for Reaching School

Applicants who wish to apply in person can reach the School or Hospital by means of the Fifth Avenue Buses (Nos. 2, 3 or 4), or the Madison Avenue Buses.

All baggage should be plainly addressed with the name in full, care of The Mount Sinai Hospital School of Nursing, 5 East 98th Street, New York City, and transportation charges should be prepaid.



A VIEW OF THE SCHOOL LIBRARY

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

THE School of Nursing has been fortunate in being endowed with special funds; the income from which is used for the benefit of the student and graduate nurses. These funds indicate in a most substantial manner the deep interest taken in the School by the Board of Directors and its friends.

Murry Guggenheim Scholarship Fund

Established in 1905 by Murry Guggenheim to provide (a) six scholarships, each in the amount of \$100.00 to be awarded to entering students beginning with the class entering in February 1950; the selection to be based on the financial need for assistance of applicants, evidence of ability to meet the qualifications of a professional nurse and scholarship standing in the school attended by such applicant prior to application; (b) 12 medals in the form adopted by the Board of Directors of the School to be awarded to 12 students beginning with the class graduating in February 1950, who have shown exceptional ability during their attendance at the School; and (c) a graduate scholarship for the balance of the yearly income of the fund to a graduate nurse of the School applying for the same to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made by the faculty of the School and the basis shall be evidence of eligibility for admission to a university, an existing need for special preparation for an essential field of work, proof that the individual is capable of this specified study and gives promise of competency in the position for which she is preparing.

The Murry and Leonie Guggenheim Scholarship and Aid Fund

Established in 1952 by The Murry and Leonie Guggenheim Foundation. The income to be used:

1. To provide ten Murry and Leonie Guggenheim Scholarships in the amount of \$100 each for entering student nurses meeting the entrance requirements of the School and applying for such scholarships on the basis of financial need.
2. To provide Murry and Leonie Guggenheim Scholarships in the amount of \$50 for each student nurse upon entering the second and third years after satisfactory completion of the work of the prior year.
3. To provide grants in aid or loans to especially needy students.

The Catherine and Henry J. Gaisman Scholarship Fund

Established in 1956 by Catherine Gaisman and Henry J. Gaisman. (Mrs. Gaisman is the former Catherine Vance, Class of 1940). The income to be used to provide a graduate scholarship for a qualified graduate nurse of the School applying for the same, to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made annually by the faculty of the School, and the basis of the award shall be evidence of eligibility for admission to a University, an existing need for special preparation for an essential field of work, proof that the individual is capable of this specified study and that she gives promise of competency in the position for which she is preparing.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship of \$500.00 upon application to the student in the graduating class who has shown special fitness to advance in the profession of nursing by taking courses at a College, or University, approved by the Board of Directors of the School. This fund also provides a cash award to each graduating student.

The Margaret Cameron Scholarship Fund

Established in 1956 by Colonel Mark M. Serrem in memory of his late wife, Margaret Cameron Serrem, Class of 1927. The income to be used to provide a graduate scholarship for a qualified graduate of the School applying for the same, to assist the recipient in commencing a course of study for a degree at a University. Priority shall be given to those applicants who intend to remain with the Hospital staff or School Faculty following completion of their course of study.

Isabella Freedman Fund

Established by Mrs. Isabella Freedman; income to be used for an award to a student in the graduating class who has shown marked ability, proficiency and interest in her work.

Carrie M. and Gustav Blumenthal Graduating Class Prize Fund

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors of the School determine.

Berthold Levi Fund

Founded by Mrs. Berthold Levi in memory of Berthold Levi; income to be used for educational purposes.

Amy C. and Fred H. Greenebaum Fund

Established by Mr. and Mrs. Fred H. Greenebaum; income to be used for an annual award to a deserving student.

Daniel Kops Prize Fund

Founded by the employees of the House of Kops in memory of Daniel Kops. The estate of Daniel Kops also contributed to this fund. Income to provide a prize to a student nurse for excellence in bedside nursing and kindness to patients.

Carrie Untermeyer Prize Fund

Founded by Henry Untermeyer; to establish an annual award to the student in the graduating class who has the best record for kindness and proficiency in bedside nursing.

Solomon and Betty Loeb Fund

Founded in 1902 by Solomon Loeb; income to be used for charitable or educational purposes.

Emil Berolzheimer Memorial Fund

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer; income to be used for higher education of nurses.

Albert W. Scholle Memorial Fund

Founded by William and Frederic Scholle as a tribute to the memory of their father; income to provide a recreation and vacation fund for the student nurses of the School.

Lillie Stern Scholle Pleasure Fund

Founded by Albert W. Scholle; income to be used largely to defray the expenses of parties, dances and other social gatherings of the students.

Eugene Meyer, Jr., Library Fund

Founded in 1905 by Eugene Meyer, Jr.; income to be used to supply books and magazines for the School library.

Jacques D. Wimpfheimer Memorial Fund

Founded by Charles A. Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.

Charles A. Wimpfheimer Emergency Relief Fund

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the School and members of the Alumnae Association of the Mount Sinai Hospital School of Nursing.

Mr. and Mrs. Sam S. Steiner Fund

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner; income to be used for the relief of needy graduates of the School.

Mr. and Mrs. Morris Fatman Relief Fund for Graduate Nurses

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Aid and Relief Fund

Founded anonymously by a Director of the School of Nursing; income to be used for the assistance of graduate and undergraduate nurses.

Kalman and Harriet F. Haas Fund

Founded in 1908 by Kalman Haas; income to be used for the general purposes of the School.

The information given above is merely for applicant and student guidance. The School reserves the right to amend or change the prizes, awards and scholarships or eliminate or reduce any of them at any time, even though this occurs during the period the student is in the School.

CURRICULUM

The curriculum covers a period of three calendar years. Each year is devoted to classes, clinical practice and vacation.

First Year

The first twenty-six weeks are devoted primarily to class and laboratory work with a limited amount of nursing practice in the Hospital. One week vacation is given during the pre-clinical period.

During the next period the student is assigned to the medical and surgical wards for clinical practice and concurrently she receives related classes, conferences and bedside instruction. Following this she is assigned for clinical practice and classes in the surgical specialties. A vacation of three weeks is given at the end of this year.

The following courses are given during the first year:

<i>Course Title</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Biological and Physical Sciences:		
Anatomy and Physiology	115	
Chemistry	60	
Microbiology	55	
Social Sciences:		
Professional Adjustments I	15	
Professional Adjustments II	15	
Psychology	30	
Sociology	15	
Social & Health Aspects of Nursing	21	
Physical Education	30	
Medical Sciences, Nursing and Allied Arts:		
Nursing Arts	225	75 hours supervised
Nutrition	50	
Pharmacology I	15	
Pharmacology II	45	
Introduction to Medical Science (Pathology)	15	
Diet Therapy	25	
Medical and Surgical Nursing	179	20
Skin and Venereal Disease Nursing	15	
Eye, Ear, Nose & Throat & Orthopedic Nursing	34	2
Neurology	15	
TOTAL	974	22

Second Year

In the second year there is a contribution of the specialties as well as classes and practice in the operating room, obstetrics, psychiatry, gynecology, neurology and diet therapy laboratory. The classes and experience in psychiatric nursing are received at the Westchester Division of New York Hospital or Creedmoor State Hospital. There is a four week vacation near the end of this year.

Courses in the second year are as follows:

<i>Course Title</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Nursing and Allied Arts:		
Eye, Ear, Nose & Throat & Orthopedic Nursing (continued)	11	4
Neurological Nursing	20	6
Diet Therapy	30	4
Operating Room Technique	55	8
Gynecology Nursing	25	2
Obstetric Nursing	79	12
Psychiatric Nursing	105	12
Social Sciences:		
Social & Health Aspects of Nursing	12	
TOTAL	337	48

Third Year

The third year offers many interesting experiences. Experience and instruction in pediatrics, out-patient department and emergency nursing is provided as well as in the care of private patients. Experience is also given in the psychiatric unit of the Hospital.

During the last year the student returns once more for experience and instruction in medical and surgical nursing. At this time she is ready to accept almost complete responsibility for planning to meet the total needs of her patients. There is a four-week vacation during this year.

Courses in the third year are as follows:

<i>Course Title</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Nursing & Allied Arts:		
Medical & Surgical Nursing	20	14
Nursing Care of Semi-Private and Private Patients		6
Emergency Nursing	10	4
Pediatric Nursing including Communicable Disease Nursing	107	14
Psychiatric Nursing (Home Hospital)	6	2
Social Sciences:		
History of Nursing	15	
Professional Adjustments II	15	
Social & Health Aspects of Nursing	19	8
TOTAL	192	48
GRAND TOTAL	1503	118

DESCRIPTION OF COURSES

BIOLOGICAL AND PHYSICAL SCIENCES

Anatomy and Physiology

In this course the student learns about the gross and the microscopic structure of the human body; acquires an appreciation of the complex nature of her own body and how daily hygienic habits influence her own health; and gains an understanding of the principles of physiology which form the basis for subsequent courses related to nursing.

Lecture-demonstration, class discussion, motion pictures,
slides and laboratory

115 Hours

Microbiology

This course gives information about microorganisms and the part they play in disease production. Emphasis is placed on the nurse's role in the prevention and the control of disease through an understanding of the principles of microbiology. Modern concepts of immunization are included in the study.

Lecture, class discussion, motion pictures, slides and laboratory

55 Hours

Chemistry

The content of this course is selected from the fields of inorganic, organic and physiological chemistry. The selection of this material is based upon its relationship to physiology, microbiology, nutrition, pharmacology and nursing arts.

Lecture-demonstration, class discussion and laboratory

60 Hours

SOCIAL SCIENCES

Professional Adjustments I

A general consideration of fundamental ethical and philosophical principles and their application to problems which arise in the practice of nursing. The course is designed to help the student adjust to her new environment and to enable her to realize her obligations to associates, patients, physicians, the standards of the School, and to the community in which she will serve.

Lecture and class discussion

15 Hours

Psychology

An elementary course which aims to give the student an insight into human behavior and the principles involved in habit formation and personality adjustment, and the psychological techniques utilized in studying personality.

Lecture and class discussion

30 Hours

Physical Education

The aim of the course is to provide opportunities for participation in physical activities. Special emphasis is given to corrective exercises. Activities offered for class work and recreation are: dancing, swimming, tennis, gymnasium games such as basketball, volley ball, badminton, ping pong, etc.

30 Hours

Sociology

A study of social situations; the family, the community and economic factors with emphasis on the patient as an individual conditioned by psychological and cultural influences. The course is designed to give the student an appreciation of the social and economic implications of illness and how adjustments are made to facilitate recovery.

Lecture, class discussion, and reports

15 Hours

Social and Health Aspects of Nursing

Designed to give the student an appreciation of the local, state, and national health services for the control of community infections and how they may be used for family health as well as the community resources that may be called upon to aid the hospital in restoring the patient to health. Orientation to the work of the Out-Patient Department is included.

Lectures, motion pictures and conferences 52 Hours

History of Nursing

A survey of the history of nursing tracing its development from the earliest beginnings to the present, and its progress under religious, military, and secular influences. The course is designed to give the student a fuller appreciation of the traditions and ideals of the nursing profession as exemplified in the lives of its leaders.

Lectures, slides, and discussion 15 Hours

Professional Adjustments II

The object of this course is to continue to assist the student to adjust to the varying situations which affect personality development as well as interpersonal relations. In the second part the student is introduced to the varied branches of nursing through a general survey of the profession in order that she may select with better understanding the particular field in which she is likely to find the greatest interest and success; to give her knowledge of the nursing organizations, the results of recent surveys in nursing, as well as opportunity to learn the trends and advances in the profession.

Lectures, class discussion and reports 30 Hours

MEDICAL SCIENCES, NURSING AND ALLIED ARTS***Introduction to Medical Science***

A course in elementary pathology dealing with the various changes which take place in the body as the result of disease, and emphasizing the importance of the measures most frequently used in clinical diagnosis.

Lecture, class discussion, and slides 15 Hours

Pharmacology and Therapeutics

The study of drugs from the standpoint of their therapeutic action, the mathematics of pharmacology, the accurate and intelligent administration of medicine, and the observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about the therapeutic action of drugs to enable her to cooperate with the physician in securing desired results and to familiarize her with toxic symptoms and doses of drugs.

Lectures, class discussion, demonstration of drugs, and individual supervision of administration of drugs 60 Hours

Nursing Arts

This course is intended to develop a sound understanding of the scientific principles underlying all nursing procedure, and to aid the student to apply these principles in the nursing care of the patient. Through supervised practice in the classroom and on the hospital wards the student is enabled to develop the skills necessary to meet the total nursing needs of the patient.

Instruction in the principles and practice of nursing begins in the preclinical period and extends in various forms throughout the entire three years.

Lecture-demonstration, class discussion, motion pictures,
slides and laboratory 150 Hours
Supervised ward practice 75 Hours

Nutrition, Foods and Cookery

Designed to teach the student the principles of nutrition as they apply in the preparation of food for herself, her patient, and the family.

Lecture, class discussion, and laboratory 50 Hours

Diet Therapy

This course aims to give the student an appreciation of the importance of dietary modifications in the treatment of disease so that she may apply these principles in the necessary modifications of the normal diet; to give her practice in preparing and serving food in such a way as to secure maximum results from dietary treatment.

Lecture, class discussion, and laboratory 55 Hours

Operating Room Techniques

This course provides for an understanding of the principles of operative aseptic technique, the use of operating room equipment, the preparation of the patient for anesthesia and operation and the development of the skills necessary to assist the surgeon during operations and emergencies.

Lecture-demonstration 55 Hours

Medical and Surgical Nursing

This is an integrated course for studying the methods and principles of medical and surgical nursing. Each disease condition is covered from the standpoint of causes, preventive measures, incidence, underlying pathology, symptoms, treatment, complications and prognosis. Special adaptations of procedures already learned and demonstrations of the more advanced nursing techniques commonly used in these conditions are included.

Lecture, ward conferences, discussion, slides
and demonstrations 199 Hours

Skin and Venereal Disease Nursing

A study of the cause, prevention and control, treatment and nursing care in the common skin and venereal diseases. This course is designed to give an understanding of the social and economic factors involving the individual and the community.

Lectures, slides, motion pictures, and discussion 15 Hours

Gynecological Nursing

A study of the significant diseases of the reproductive system. Emphasis is placed on the nurse's part in the early recognition of these conditions and the development of attitudes that are truly social.

Lectures and discussion 25 Hours

Nursing in Diseases of the Eye, Ear, Nose and Throat

This course consists of a review of the anatomy of the eye, ear, nose and throat and descriptions of the diseases common to these structures including the treatment and nursing care. Special stress is placed on the preventive aspects of diseases of the eye, ear, nose and throat.

Lectures, slides, motion pictures 25 Hours

Orthopedic Nursing

A study of the orthopedic conditions, their treatment and nursing care and the effects of crippling on the mental and emotional states.

Lecture-demonstration and discussion 20 Hours

Pediatric Nursing (including communicable diseases)

This course deals with normal growth and development, infant and child nutrition, and the diseases of infancy and childhood, including communicable diseases, with special emphasis on the nursing care and preventive treatment. The child is studied as an individual, a member of the family and community from the standpoint of normal physical, mental, and social development.

To give further emphasis on the care and emotional health of the normal child a teaching-observation experience is given at a Nursery School.

Lecture, ward conferences, discussion, motion pictures
and demonstration 107 Hours

Obstetric Nursing

The course deals with normal and pathological pregnancy, the management of normal and abnormal labor, and the necessary care during the normal and abnormal puerperium. The course prepares the student to advise and instruct mothers in the care of their own health before and after child-birth and teaches them to adapt hospital procedures to the home.

Lectures, clinics by obstetrician, classes and demonstrations
in maternity wards, delivery rooms, and nurseries 77 Hours

Psychiatric Nursing

This course is designed to acquaint the student with psychopathic conditions and to give an understanding of the basic principles in the nursing care of personality disorders and the nursing procedures used in their treatment. Emphasis is placed upon the relationship between physical and mental diseases; principles of prevention; and variations in nursing procedures in caring for mentally ill patients. Students have an opportunity for observation and practice of the special therapies used in treatment of these patients. This course is given at the New York Hospital, Westchester Division and Creedmoor State Hospital.

Lecture, ward clinics, case presentation, conferences
and demonstration 105 Hours
Instruction Home Hospital 6 Hours

Neurological Nursing

This course deals with the mental and physical aspects of the neurological and neurosurgical patient. The student learns to recognize the symptoms, the methods of treatment, and the prevention of possible sequelae of neurological disorders, and develops understanding and poise in meeting the needs of these patients.

Lectures, ward clinics, discussion, and demonstrations . . . 35 Hours

CAREER OPPORTUNITIES IN NURSING

PROBABLY no field of endeavor provides greater opportunities for women than nursing. There are now more nurses actively engaged in the practice of their profession than ever before, but there is also a greater demand for their services because of the expansion of hospitals and the increasing opportunities for professional nurses.

The program in nursing at this School offers excellent preparation for the many opportunities which are open to registered professional nurses in different fields.

In the institutional field the majority of graduate nurses are engaged in general duty, head nurse, supervisory, or teaching positions as their experience and achievement warrant. There are many opportunities for those who wish to specialize in certain clinical branches of nursing, such as pediatrics, obstetrics, psychiatry, or orthopedics.

Public health nursing offers a large and growing field with a diversity of activities which affect all groups of society. It includes visiting nursing, school and industrial nursing, and many phases of educational and preventive programs.

For the nurse who prefers to give specialized care to one patient the field of private practice offers an opportunity to give such care either in the hospital or the home.

There are opportunities for important service and influence in a number of government services — the Veterans Administration, the Public Health Service and the Indian Service, etc.

Graduate nurses who decide to prepare themselves for teaching or executive positions will wish to avail themselves of further preparation at universities conducting graduate programs.

Whether practicing her profession in the army or the navy hospital, in the civilian hospital, in classroom, in the home, in the industrial plant or the rural community, the nurse occupies a position of responsibility and honor. American nurses have a large share of responsibility in restoring health and welfare services in many parts of the world. The opportunities for service increase rather than diminish both at home and abroad.



STUDENTS ENJOY RELAXING IN FAMED CENTRAL PARK
ACROSS FROM THE HOSPITAL



STUDENTS ENJOY SWIMMING AT "THE OAKS"

THE ALUMNAE ASSOCIATION

THE members of each graduating class are urged to join the Alumnae Association of the School of Nursing, upon completion of their course.

The Association was organized in 1893. It has a three-fold object: to promote fellowship among its members, to improve the professional work of the graduates, and to care for its members when ill.

Meetings are held monthly during nine months of the year, in the Nurses' Residence when matters of importance are discussed, followed by a social hour.

A monthly bulletin is published by the Association containing a report of each meeting, news items of interest to the graduates, trends in nursing and special medical and surgical articles.

The Association maintains an estate on Long Island Sound as a summer vacation home and recreational center. The privilege of using the facilities of this estate, which was bequeathed by the wife of a former trustee of The Mount Sinai Hospital, is extended to the students of the School of Nursing.

ADVICE TO CANDIDATES

CANDIDATES should select most carefully the school in which they desire to study. Every young woman who considers entering a school of nursing should know the essentials of a good school: one which provides rich clinical experiences, employs well prepared instructors, possesses a well equipped library and classrooms, and has a well balanced curriculum. It should also provide desirable living conditions, reasonable weekly schedules, suitable facilities for recreation and make every effort to maintain an adequate health program.

An applicant should select a nursing school that is accredited by the State Board of Nurse Examiners of the State where the school is located. In every state, graduation from an accredited school is a necessary prerequisite for state registration.



DAUGHTER JOINS MOTHER AS GRADUATE OF SCHOOL. DAUGHTER HOLDS STUDENT CAP, WHILE MOTHER HELPS HER TRY ON THE GRADUATE ONE.



GRADUATION EXERCISES IN THE HOSPITAL AUDITORIUM

